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## **Your ONE-STOP Solution for Distinctive Home Interiors**



#### Molli & Maddyn's Memo

Hopefully from this picture you can tell both of us are ardent Iowa Sate fans.

We have no choice. Both of our parents, as well as our Aunt Tellie and Uncle Tom (FYI—they are married to each other) went to Iowa State.

So, until we learn otherwise, we are both Super-Charged Iowa State supporters.

#### **GO CYCLONES!**

Molli & Maddyn Nana's granddaughters

## **Do Your Kids a Favor**

My husband recently told me of the situation one of his business owners breakfast club members is dealing with. This gentleman and his wife happen to also be a clients of Interior Expressions, so my feelings on their situation runs even deeper.

#### **Their Situation**

This person's elderly mother passed a few years ago after years of her husband taking care of her. His dad had been living on his own since. The father has a bone cancer. Due to the weakened status of his bones he severely broke his arm just turning the ignition switch in his car. So, the father is suddenly severely incapacitated.

#### Where to Put Their Father?

The father needs to be put in an assisted living facility, as he is unable to perform on his own many day-to-day living activities. So his son and daughter are scrambling to find a facility. Their challenges include monthly cost, level of care, location, cleanliness, accommodations, and so much more. What would be important to you and/or your parent(s)?

These sibling's situation is a bit simplified in that their father, and the siblings, are all located here in the greater Tucson area. I know of others that have encountered similar situations where the siblings and/or parent(s) are located far away.

#### I May be Dealing with the Same

I'll be headed back to Iowa later this month to attend to a similar situation (along with my sisters) with my nearly 89 year old father. In recent months he has displayed rapid deterioration.

#### How You Can Do Your Kids a Favor

So, you can do your kids a favor by PRE-PLANNING how and where you want to be when you can no longer live independently. They will greatly appreciate it.

We all want to live independently as long as possible, sometimes too long. But, I know of situations where the decision was delayed too long, and the "kids" suffer.

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Until Next Month,

Betty Jones

Thank You for Your Referrals

Tom Tillis referred Terri & Perry Camp

Lisa & Ken Blanchard referred Julia Choate

Debbie & Jack Jackson referred Lynn & Tom Wiedebush

Referrals are the lifeblood of our business. Thank you for these and all your referrals

# **Update our 1976 Territorial Baths**

**Master Bath** 

Before

Brenda and Chris found us via searching the internet. Because they live a fair distance (River & Sabino Canyon area), something on our website just spoke to them, and they made the trek to Oro Valley. Our designer, Sara Benjamin, took the lead on this job.

Brenda & Chris wanted to update their dated Master Bath and Guest Bath. A unique feature to their home is that the Master Bath was smaller than the Guest Bath.

#### **Gutted Both Baths**

We gutted both baths, down to the studs. The layout wasn't changed, but we did take 10" out of the Guest shower area, so the Master Shower could be enlarged.

All materials and finishes in both baths are new, including drywall, except a recently purchased toilet in the Guest Bath.



The old tub was recessed into the floor and not very user friendly.

We also reworked the air ducts to remove the soffits in both bathrooms. These soffits made the rooms feel even smaller.

Sara added a bench and grab bars to make the shower safer and more user friendly.

The floor tile was placed in a chevron pattern to make the room look larger.

Because of the small size of the Master Bath, there is only one sink. Chris wanted the cabinet closest to the toilet to be shorter than the executive height of the other cabinets, so it didn't look and feel cramped. They wanted to keep the steam in the shower, so we had one section of the frameless shower wall extended to the ceiling.

Notice the ample niche in the shower allows for plenty of soaps and shampoos. Something most older showers are missing. The counters are U.S.A. Made Cambria quartz. This counter style was selected to compliment the knotty alder cabinets.

Sara extended the backsplash into and around the shower to make the room look and feel wider. Chris requested the shower bench have a forward taper so he could get his feet under himself better when getting off the bench.

"We looked around at several different places before deciding on Interior Expressions. They did everything we needed done to make our bathrooms beautiful and spectacular. Everyone that has seen them is envious of how the bathrooms turned out. Interior Expressions gave us the 'WOW' factor we wanted. They modernized the bathrooms without selecting a style that is too trendy and will quickly go out of style."

Brenda & Chris Howitz, Tucson



Linear drain used so the homeowners would not have to stand over the drain when showering.







### **Guest Bath / Shower**

A different Cambria quartz was selected for the guest bath.

Sara also added a storage tower between the sinks for added storage and WOW factor.





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THE WALL STREET JOURNAL

**Memorial Day**, originally called **Decoration Day**, is a day of remembrance for those who have died in service of the United States of America. ... Regardless of the exact date or location of its origins, one thing is clear — **Memorial Day** was borne out of the Civil War and a desire to honor our dead.

Arizona Daily Star

Memorial Day was originally meant to honor the Union and the Confederate soldiers who died during the American Civil War. By the 1900s it had become a day to celebrate all American soldiers who died while serving in the military. It wasn't until 1967 that it was legally named Memorial Day. It became a federal holiday in 1971.

#### **Seven Interesting Facts About Memorial Day**

- 1. The true origins of who held the first Memorial Day celebration is a debated subject.
- 2. There were more American lives lost during the Civil War then the two World Wars combined. Approximately 620,000 died during the Civil War (both sides combined). Approximately 116,516 died in World War I and approximately 405,399 died in World War II.
- 3. Congress passed a law in 2000 that requires all Americans to stop what they are doing at 3pm on Memorial Day to remember and to honor those who have died serving the United States. President Clinton signed this action.
- 4. The flag is supposed to be flown at half-mast until noon, and then raised to full mast until sunset on Memorial Day.
- 5. Although not as popular today, one tradition was to eat a picnic meal while sitting on the ground of a cemetery. There are still some people in the rural areas of the South that continue to practice this tradition.
- 6. Memorial Day is sometimes confused with Veterans Day. However, Veterans Day honors all United States military veterans, while Memorial Day honors the soldiers who died while serving.
- 7. There are more than 300,000 fallen soldiers buried at Arlington Cemetery. On average, there are 28 burials there each day.